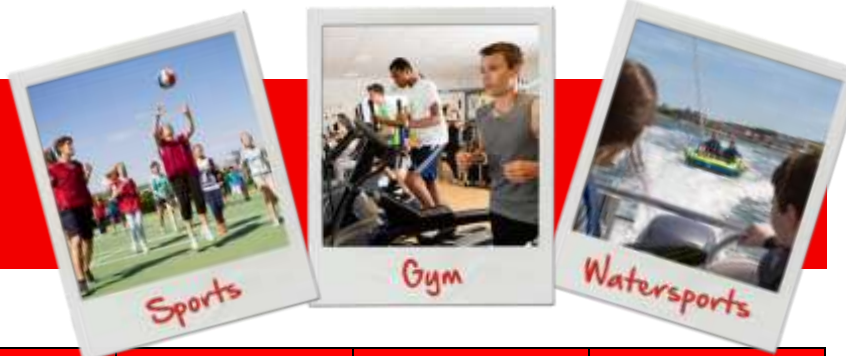


# Example Timetable – Week 1

## Junior English Plus Sports incl. Watersports



	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
07:30	<b>Arrival Day</b> PowerPoint Presentation Induction and Orientation	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up
07:45 – 08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 – 10:30		<b>English test and Information</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>
10:30 – 11:00			Break	Break	Break	Break	Break
11:00 – 12:30		(High Season Only)	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>
12:30 – 13:45		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
13:45 – 14:30		<b>Half-Day Excursion to Bournemouth</b>	<b>Mini Golf</b>	<b>Watersports incl. Wakeboarding, Waterskiing, Rings</b>	<b>Football</b>	<b>Watersports incl. Wakeboarding, Waterskiing, Rings</b>	<b>Jurassic Coastal Walk</b>
14:30 – 15:15			<b>Benchball</b>		<b>Swimming</b>		
15:15 – 15:30			Break		Break		
15:30 – 16:15			<b>Badminton</b>		<b>Aeroball</b>		
16:15 – 17:00	<b>Gym Training</b>		<b>Volleyball</b>				
17:30 – 18:30	<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>	<b>After School Clubs</b>	
18:30 – 19:15	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:15 – 22:30	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	
22:30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	

- This timetable is based on students living in the College. Students, living in homestay accommodation are required to be at the College by 08:45 and eat dinner at their homestay
- This course rotates on a weekly basis



## Example Timetable – Week 2 Junior English Plus Sports incl. Watersports



	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
07:30	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up
07:45 – 08:45	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 – 10:30	<b>Full-Day Excursion e.g. London</b>	<b>Full-Day Excursion e.g. Portsmouth</b>	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson
10:30 – 11:00			Break	Break	Break	Break	Break
11:00 – 12:30			English Lesson	English Lesson	English Lesson	English Lesson	English Lesson
12:30 – 13:45			Lunch	Lunch	Lunch	Lunch	Lunch
13:45 – 14:30			Team Building	<b>Watersports incl. Wakeboarding, Waterskiing, Rings</b>	Archery	<b>Watersports incl. Wakeboarding, Waterskiing, Rings</b>	Lacrosse
14:30 – 15:15			Dodgeball		Handball		Basketball
15:15 – 15:30			Break		Break		Break
15:30 – 16:15			Tennis		<b>Beach Games</b>		Kwik Cricket
16:15 – 17:00			Relay Games				Table Tennis
17:30 – 18:30			After School Clubs	After School Clubs	After School Clubs	After School Clubs	After School Clubs
18:30 – 19:15	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:15 – 22:30	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities
22:30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime